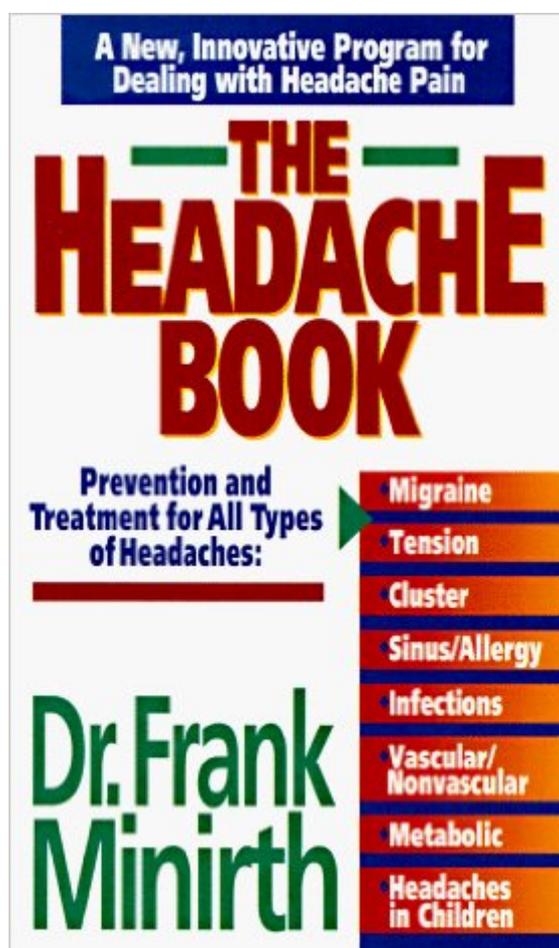


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# The Headache Book



## Synopsis

In this invaluable and comprehensive book, Dr. Minirth defines the different types of headaches, what causes them, and how to prevent or manage the pain.

## Book Information

Paperback: 252 pages

Publisher: Thomas Nelson Inc; First Edition edition (April 1995)

Language: English

ISBN-10: 0785277153

ISBN-13: 978-0785277156

Product Dimensions: 1 x 4 x 7 inches

Shipping Weight: 4 ounces

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (1 customer review)

Best Sellers Rank: #2,250,558 in Books (See Top 100 in Books) #51 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Headaches](#)

## Customer Reviews

After what I learned from this book and talking with my doctor, I have gone from migraine a week to one migraine in a six month period! If you suffer from any type of recurring headache, this book will help you free yourself from them.

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